

Learn Urban Ballroom Dance
with this FUN & easy-to-follow Instructional DVD!

Urban Ballroom **ESSENTIALS**

“The ultimate Urban Ballroom Dance teaching DVD”

Learn authentic Detroit-Ballroom style dance moves from instructors ...

- ◆ **Victor Brown** ... Detroit Style Urban Ballroom teacher to celebrities and students throughout the U.S.
- ◆ **Ujazi Calomé** ... renowned west coast dance educator, consultant & choreographer

This Volume 1 DVD was specially designed ...

to show beginners through intermediates the “essentials” of Urban Ballroom Dancing. With clear, detailed instruction ... **Plus** On-Screen Prompts for fast / easy-to-follow learning!

✓ **Jump to any Lesson Chapter!**

1: Intro

- How To's

2: Count & Footwork

- Half Turns In Place
- Traveling Half Turns
- Full Turns

3: Partner Fun

- Structure Position &
The Basic Footwork Pattern
- Half Turns from Structure Position
- Leading The Lady Out

4: The 3 Essential Moves®

- Going Under
- Necktie
- Down Low

Lesson Chapters

5: More Partner Fun

- Closed Position & Half Turn Start

6: Putting It All Together

- Recap Sections 1-3
- Recap Section 4
- Closing & Back Story



Urban Ballroom Fit 2 Dance

- Group Classes
- Private Instruction
- Workshops



e urbanballroomfit2dance.com
w ubfit2dance@yahoo.com
p (323) 895-2172 • (323) 294-0124